



## Patient History Form

Date: \_\_\_\_\_

ABOUT YOU

Legal Name: \_\_\_\_\_

Preferred Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Preferred Pronouns: ☐ He/Him ☐ She/Her ☐ They/Them

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

☎ Cell: \_\_\_\_\_ Home: \_\_\_\_\_ Work: \_\_\_\_\_

Name of Contact Person: (if different than above) \_\_\_\_\_

✉ E-mail: \_\_\_\_\_ Occupation: \_\_\_\_\_

➤ Consent to e-mail regarding upcoming appointments ☐ YES ☐ NO

➤ Consent to SMS messages regarding upcoming appointments ☐ YES ☐ NO

➤ Consent to e-mail regarding new products or sales ☐ YES ☐ NO

Do you have a valid Driver's License? ☐ YES ☐ NO

### Preferred Method of Contact:

E-Mail ☐ Cell ☐ Home ☐ Work ☐

Family Doctor: \_\_\_\_\_

Do you currently wear glasses? (including readers) ☐ YES ☐ NO

If NO, have you ever worn glasses? ☐ YES ☐ NO

Do you currently or have you ever worn contact lenses?

☐ No, never worn ☐ No, but I would like to! ☐ Yes, occasionally ☐ Yes, daily

☐ I have in the past, but not anymore

Hobbies: \_\_\_\_\_  
\_\_\_\_\_

EYE HISTORY



Have you experienced the following in the past?

(Check all that apply)

☐ Eye Injury requiring treatment ☐ Eye Surgery/Laser \_\_\_\_\_

☐ Allergic Reaction in the eye

☐ Foreign Body in the eye

☐ Lazy Eye

☐ Turned or Crossed Eye

☐ Vision Exercises

### Eye Medications

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# PRESENT EYE PROBLEMS



Are you currently experiencing **ANY**: (Check all that apply)

- ☐ Eye Strain
- ☐ Blurred Vision in Distance
- ☐ Blurred Vision at Near
- ☐ Double Vision
- ☐ Flashes of Light
- ☐ Floaters
- ☐ Poor Night Vision/ Glare while Driving
- ☐ Dry Eyes/Gritty
- ☐ Eye Pain
- ☐ Recurrent Eye Infections
- ☐ Itchy Eyes
- ☐ Watery Eyes
- ☐ Light Sensitivity
- ☐ Other: \_\_\_\_\_

# PERSONAL HEALTH



Check any of the following that apply to **YOU**:

- ☐ Currently Pregnant/Nursing
- ☐ Thyroid Dysfunction/Grave's Disease
- ☐ Cancer: \_\_\_\_\_
- ☐ Autoimmune Disease: \_\_\_\_\_
- ☐ Persistent Headaches
- ☐ Heart Problems
- ☐ High Blood Pressure
- ☐ High Cholesterol
- ☐ Diabetes  
↪ Year of Diagnosis: \_\_\_\_\_  
↪ Latest A1C: \_\_\_\_\_
- ☐ Stroke
- ☐ Sleep Apnea/CPAP machine
- ☐ Allergies: \_\_\_\_\_

List Current Medications: (if you have not provided a list)

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# FAMILY HISTORY



Check any of the following that apply to

**YOUR PARENTS, GRANDPARENTS AND/OR SIBLINGS:**

- ☐ Cataracts
- ☐ Glaucoma
- ☐ Macular Degeneration
- ☐ Full/Partial Blindness
- ☐ Turned or Crossed Eyes
- ☐ Other: \_\_\_\_\_

# DRY EYE

Report the **FREQUENCY** of your symptoms using the rating list below:

**0 1 2 3**

Dryness, Grittiness or Scratchiness				
Soreness or Irritation				
Burning or Watering				
Eye Fatigue				

0 = Never

1 = Sometimes

2 = Often

3 = Constant

Do you use eye drops for

lubrication? ☐ YES ☐ NO

If yes, how often? \_\_\_\_\_

What brand? \_\_\_\_\_

Report the **SEVERITY** of your symptoms using the rating list below:

**0 1 2 3 4**

Dryness, Grittiness or Scratchiness					
Soreness or Irritation					
Burning or Watering					
Eye Fatigue					

0 = No Problems

1 = Tolerable - not perfect, but not uncomfortable

2 = Uncomfortable - irritating, but does not interfere with my day

3 = Bothersome - irritating and interferes with my day

4 = Intolerable - unable to perform my daily tasks

Office use only

Total SPEED score (Frequency + Severity) = \_\_\_\_/28